

JODI YOUNG, PT, DPT, OCS, FAAOMPT

2664 E. Stottler Dr.
Gilbert, AZ 85296
701.261.6284
jodiyoung2@gmail.com

EDUCATION

- Doctor of Philosophy in Physiotherapy** *January 2016-Present*
University of Newcastle, Australia
- Fellowship in Orthopaedic Manual Physical Therapy** *January 2012-December 2013*
Regis University, Denver, CO
- Doctor of Physical Therapy** *August 2002-May 2005*
University of North Dakota, Grand Forks, ND
- Bachelor of Arts in Biology** *January 1998-July 2001*
Chemistry Minor
Concordia College, Moorhead, MN
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ACADEMIC EXPERIENCE

- Assistant Director of Research, DSc in Physical Therapy** *March 2019-Present*
Bellin College, Green Bay, WI
- Adjunct Associate Professor of Physical Therapy** *March 2019-Present*
AT Still University, Mesa, AZ
- Faculty in Orthopedic Residency Program** *August 2016-August 2020*
AT Still University, Mesa, AZ
- Associate Professor of Physical Therapy** *August 2016-March 2019*
AT Still University, Mesa, AZ
- Academic Faculty** *October 2015-September 2018*
Kaiser Hayward Northern CA Graduate PT Education, Union City, CA
- Faculty in Orthopedic Residency Program** *November 2014-May 2017*
Evidence in Motion, Louisville, KY
- Assistant Professor of Physical Therapy** *October 2008-August 2015*
Franklin Pierce University, Goodyear, AZ
-

CLINICAL EXPERIENCE

- Independent Contractor Physical Therapist** *August 2018-Present*
Phoenix, AZ

JODI YOUNG, PT, DPT, OCS, FAAOMPT

CLINICAL EXPERIENCE CONTINUED

Staff Physical Therapist Saint Alphonsus Rehabilitation Services, Boise, ID	<i>July 2014-July 2016</i>
PRN Staff Physical Therapist Therapy Rehab Services, Scottsdale, AZ	<i>February 2011-January 2014</i>
Staff Physical Therapist Foothills Sports Medicine Physical Therapy, Litchfield Park, AZ	<i>October 2009-August 2012</i>
Staff Physical Therapist Whole Health Management, Chandler, AZ	<i>February 2009-October 2009</i>
Staff Physical Therapist Institute for Athletic Medicine, Apple Valley, MN	<i>October 2006-October 2008</i>
Staff Physical Therapist Spooner Physical Therapy, Phoenix, AZ	<i>August 2005-September 2006</i>

CERTIFICATION/LICENSURE INFORMATION

Fellow of the American Academy of Orthopaedic Manual Physical Therapists 2068
Board Certified Specialist in Orthopaedic Physical Therapy 42228
Arizona Physical Therapy License LPT-006909
Minnesota Physical Therapy License 7834
Idaho Physical Therapy License 3567

PROFESSIONAL AFFILIATIONS

American Academy of Orthopaedic Manual Physical Therapists
American Physical Therapy Association
Orthopedic Section of American Physical Therapy Association
Education Section of American Physical Therapy Association

PEER REVIEWED PUBLICATIONS

Myers C, Thompson G, Hughey L, **Young JL**, Rhon DI, Rentmeester C. An exploration of clinical variables that enhance therapeutic alliance in patients seeking care for musculoskeletal pain: a mixed methods approach. *Musculoskeletal Care*. 2022;1-16.

Foster K, **Young JL**, Greenlee TA, Janney CF, Rhon DI. How common is subsequent posterior tibial tendon dysfunction or tarsal tunnel syndrome after ankle sprain injury? In print.

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PEER REVIEWED PUBLICATIONS CONTINUED

Young JL, Schroeder JD, Westrick RB, Nowak M, Rhon DI. A population level summary of clinical care pathways for the management of patellar tendinopathy in the Military Health System. In review.

Vraa M, Pascoe S, Maddox D, Rhon DI, Cleland JA, **Young JL**. Characterizing low back pain-related disability in non-care-seeking working-age adults. In review.

Spoonemore SL, McConnell RC, Owen WE, **Young JL**, Clewley DJ, Rhon DI. The influence of pain-related comorbidities on pain intensity and pain-related psychological distress in patients with musculoskeletal pain. In review.

Signorino JA, Smith K, Subialka JA, **Young JL**, Rhon DI, Rentmeester C. What do patients referred to physical therapy for a musculoskeletal condition expect? A qualitative assessment. In review.

Massey BJ, Grandeo J, Favaro L, Bliss R, Gagnon K, **Young JL**. Perceived self-efficacy and accuracy of physical therapy students using an imaging decision rule for referral to diagnostic imaging. In review.

Neilson BD, Shepherd MH, Dickerson C, Chaconas EJ, **Young JL**, Rhon DI. The relationship between attitudes and beliefs about sleep, sleep disturbance, and pain interference in patients with spinal pain. In review.

Pascoe SC, Spoonemore SL, **Young JL**, Rhon DI. Examining the variability of usual care definitions in clinical trials for low back pain: a systematic review. In review.

MacPherson KL, Hughey L, Rhon DI, **Young JL**. Reproducibility of resistance exercise interventions in trials for chronic low back pain is challenging: a systematic review. In review.

McConnell R, Klopper M, Rhon DI, **Young JL**. The impact of exercise therapy on pain and functional outcomes in patients with subacromial syndrome: a systematic review. In review.

Signorino J, Thompson G, Hando B, **Young JL**. Identifying conservative interventions for individuals with subacromial pain syndrome prior to undergoing a subacromial decompression: a scoping review. In review.

Neilson BD, Dickerson C, **Young JL**, Rhon DI. Measures of sleep disturbance are not routinely captured in trials for chronic low back pain: a systematic scoping review of 234 trials. In review.

Shepherd MH, Shumway J, Salvatori RT, Rhon DI, **Young JL**. The influence of manual therapy dosing on outcomes in patients with hip osteoarthritis: a systematic review. In review.

Smith K, Massey BJ, **Young JL**, Rhon DI. Unsupervised exercise adherence rates in clinical trials for knee osteoarthritis: a systematic review. In review.

Maddox D, Subialka JA, **Young JL**, Rhon DI. Clinical trials for manual therapy in patients with low back pain: is the current body of evidence more pragmatic or explanatory? A systematic review. In review.

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PEER REVIEWED PUBLICATIONS CONTINUED

Young JL, Snodgrass SJ, Cleland JA, Rhon DI. The relationship between knee radiographs and the timing of physical therapy in individuals with patellofemoral pain. *PM&R*. 2021;1-8.

Lee R, James C, Edwards S, Skinner G, **Young JL**, Snodgrass S. Evidence for the effectiveness of feedback from wearable inertial sensors during work-related activities: a scoping review. *Sensors*. 2021;21.

Young JL, Snodgrass SJ, Cleland JA, Rhon DI. Timing of physical therapy for individuals with patellofemoral pain and the impact on healthcare use, costs, and recurrence rates. *BMC Health Serv Res*. 2021;21:751.

Young JL, Snodgrass SJ, Cleland JA, Rhon DI. Usual medical care for patellofemoral pain does not usually involve much care: 2-year follow-up in the Military Health System. *J Orthop Sports Phys Ther*. 2021;51(60):305-313.

Shepherd M, **Young J**, McDevitt A. A little love for case reports? Tips to enhance acceptance to publication. *J Man Manip Ther*. 2021;29(3):133-135.

Peterson S, **Young J**, King V, Meadows J. Patient expectations for synchronous telerehabilitation visits: a survey study of telerehabilitation-naïve patients. *Telemed E-Health*. DOI: 10.1089/tmj.2021.0083

Rhon DR, Roy TC, Oh RC, **Young JL**. The impact of sex differences in mental health disorders affecting military service members with patellofemoral pain: a population-level cohort study. *J Am Board Fam Med*. 2021;34(2).

Vraa M, Myers C, **Young JL**, Rhon DI. One in three patients with chronic low back pain continues to use opioids long-term after spinal fusion: a systematic review. *Clin J Pain*. 2021. DOI: 10.1097/AJP.0000000000001006

Mohr T, **Young JL**, Ingram D, Mabey R, Mohr P, Miro RB. Preferences of physical therapy students regarding digital and printed textbooks. *J Allied Health*. 2020;49(3):169-175.

Moghaddas D, Snodgrass S, **Young JL**, Callister R. Evaluation of community exercise classes. *J Clin Exerc Physiol*. 2020;9(2):52-58.

Kolb WH, McDevitt A, **Young J**, Shamus E. The evolution of manual therapy education: what are we waiting for? *J Man Manip Ther*. 2020;28(1):1-3. DOI 10.1080/10669817.2020.1703315

Young JL, Wright AA, Rhon DI. Non-operative management prior to hip arthroscopy for femoroacetabular impingement syndrome: an investigation into the utilization and content of physical therapy. *J Orthop Sports Phys Ther*. 2019;49(8):593-600.

Langdon E, Snodgrass SJ, **Young JL**, Miller A, Callister R. Posture of rugby league players and its relationship to non-contact lower limb injury: a prospective cohort study. *Phys Ther Sport*. 2019;40:27-32.

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PEER REVIEWED PUBLICATIONS CONTINUED

Young JL, Rhon DI, Cleland JA, Snodgrass SJ. The influence of exercise dosing on effect sizes for knee disorders: a narrative review. *J Orthop Sports Phys Ther.* 2018;48(3):146-161.

Young JL, Rhon DI, De Zoete RMJ, Cleland JA, Snodgrass SJ. The influence of dosing on effect size of exercise therapy for musculoskeletal foot and disorders: a systematic review. *Braz J Phys Ther.* 2018;22(1):20-32.

Rhon DI, Cook C, Clewley D, **Young JL**, Sissel CD. Leveraging healthcare utilization to explore outcomes after hip surgery: methodology for defining relevant variables from a health services database. *BMC Med Inform Decis Mak.* 2018;18:10. DOI 10.1186/s12911-018-0588-8.

Morihisa R, Eskew J, McNamara A, **Young J**. Dry needling in individuals with muscular trigger points in the lower quarter: a systematic review. *Int J Sports Phys Ther.* 2016;11(1):1-14.

McDevitt A, **Young J**, Mintken P, Cleland J. Regional interdependence and manual therapy directed at the thoracic spine. *J Man Manip Ther.* 2015;23(3):139-146.

Brown K, Luszeck T, Nerdin S, Yaden J, **Young JL**. The effectiveness of cervical versus thoracic thrust manipulation for the improvement of pain, disability and range of motion in patients with mechanical neck pain. *Phys Ther Rev.* 2014;19(6):381-391.

Young JL, Walker D, Snyder S and Daly K. Thoracic thrust manipulation versus mobilization in patients with mechanical neck pain: a systematic review. *J Man Manip Ther.* 2014;22(3):141-153.

Lillios S, **Young J**. The effects of core and lower extremity strengthening in pregnancy-related low back and pelvic girdle pain: a systematic review. *J Womens Health Phys Therap.* 2012;36(3):116-124.

Moore C, **Young JL**. Effectiveness of silver in wound care treatment. *Phys Ther Rev.* 2011;16(3):201-9.

Blizzard RR, **Young JL**. Effects of whole-body vibration exercise on prevention of the negative effects of prolonged bed rest—a systematic review. *Phys Ther Rev.* 2010;15(5):391-98.

BOOK CHAPTERS

Young JL, Cleland JA. Neck and Upper Extremity Pain in a Female Office Assistant in: Jones M, Rivett D, eds. *Clinical Reasoning for Manual Therapists*. Edinburgh: Elsevier; 2019.

Henjum M, **Young JL**, Desai MJ. Physical Examination of the Spine in: Desai MJ, ed. *The Spine Handbook*. New York: Oxford University Press; 2018.

Young JL, Pong E. Postoperative Management of the Knee: Ligamentous, meniscal and total joint replacement in: Fernández-de-las-Peñas C, Cleland JA, Dommerholt J, eds. *Manual Therapy for Musculoskeletal Pain Syndromes of the Upper and Lower Quadrants: An Evidence and Clinical-Informed Approach*. London: Elsevier; 2014.

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ABSTRACTS

Young JL, Greenlee T, Rhon DI. Does having patellofemoral pain increase your risk for future adjacent joint injury? *J Orthop Sports Phys Ther.* 2022; Electronic Publication.

Foster KS, **Young JL**, Greenlee T, Rhon DI. How common are adjacent joint disorders after sustaining an ankle sprain? *J Orthop Sports Phys Ther.* 2022; Electronic Publication.

Hughey LT, MacPherson KL, **Young JL**. How thorough is the reporting of resistance exercise in trials for chronic low back pain? *J Orthop Sports Phys Ther.* 2022; Electronic Publication.

Neilson BD, Dickerson C, **Young JL**, Rhon DI. Measures of sleep are not routinely captured in clinical trials for chronic low back pain. *J Orthop Sports Phys Ther.* 2022; Electronic Publication.

McDevitt AW, **Young JL**, Cleland JA, Hiefield P, Calderon L, Snodgrass S. Physical therapy management of individuals with proximal biceps tendinopathy: a scoping review. *J Orthop Sports Phys Ther.* 2022; Electronic Publication.

Pascoe SC, Spoonemore SL, **Young JL**, Rhon DI. Examining the variability of usual care definitions in clinical trials for low back pain: a systematic review. *J Orthop Sports Phys Ther.* 2022; Electronic Publication.

Vraa ML, Pascoe SC, Maddox D, **Young JL**, Rhon DI. Low back pain-related disability in working-age adults not seeking care for low back pain. *J Orthop Sports Phys Ther.* 2022; Electronic Publication.

Young JL, Snodgrass SJ, Cleland JA, Rhon DI. Utilization of knee radiographs and the influence on rehabilitation for patellofemoral pain. *J Orthop Sports Phys Ther.* 2021; Electronic Publication.

Young JL, Snodgrass SJ, Cleland JA, Rhon DI. Does supervised exercise therapy make the cut as a common treatment for patellofemoral pain? *J Orthop Sports Phys Ther.* 2020; Electronic Publication.

Young JL, Wright AA, Rhon DI. Defining conservative care prior to hip arthroscopy for femoroacetabular impingement syndrome: the role of physical therapy. *J Orthop Sports Phys Ther.* 2019; Electronic Publication.

Young J, Rhon D, Cleland J, Snodgrass SJ. Do specific dosing variables impact the effect of exercise therapy for knee disorders? *J Orthop Sports Phys Ther.* 2018; Electronic Publication.

Rhon D, **Young J**, Sissel CD, Cook CE. A comparison of downstream health care utilization, costs, and long-term opioid use between physical therapy or opioid therapy management after arthroscopic hip surgery. *J Orthop Sports Phys Ther.* 2018; Electronic Publication.

Young JL, Sayler J. Muscle energy techniques for patients with low back pain meeting criteria for the lumbar spinal manipulation clinical prediction rule. *J Man Manip Ther.* 2014; Electronic Publication.

Young JL, Buck MB. Short-term outcomes in patients with neck pain treated with prone thoracic manipulation techniques: a case series. *J Man Manip Ther.* 2013; Electronic Publication.

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ABSTRACTS CONTINUED

Rodriguez-Siek, KE, Giddings CW, Doetkott C, Johnson TJ, **Young J**, Oliver R, and Nolan LK. Avian Pathogenic Escherichia coli are Distinguished from Commensal E. coli by the Presence of Traits Associated with Large Plasmids. Proceedings of the CRWARD Annual Meeting, Chicago, IL, November 2004.

Nolan LK, Giddings CW, Doetkott C, Skyberg J, Johnson TJ, Horne SM, **Young J**, and Oliver R. Plasmid-Associated Traits of Avian Escherichia coli. Proceedings of the AVMA/AAAP Annual Meeting, Denver, CO, July 2003.

Nolan LK, Giddings CW, Doetkott C, Skyberg J, Johnson TJ, Horne SM, **Young J**, and Oliver R. Plasmid-Associated Traits of Avian Escherichia coli. Proceedings of the AVMA/AAAP Annual Meeting, Nashville, TN, July 2002.

Nolan LK, Giddings CW, Doetkott C, Skyberg J, Johnson TJ, Horne SM, **Young J**, and Oliver R. Plasmid-Associated Traits of Avian Escherichia coli. Proceedings of CRWAD Annual Meeting, St. Louis, MO, November 2002.

PEER REVIEWED PROFESSIONAL PRESENTATIONS

Massey BJ, Smith K, **Young JL**, Rhon DI. Unsupervised exercise adherence rates in clinical trials for knee osteoarthritis: a systematic review. [poster presentation]. OARSI World Congress on Osteoarthritis. Berlin, Germany. 2022.

Young JL, Greenlee T, Rhon DI. Does having patellofemoral pain increase your risk for future adjacent joint injury? [poster presentation]. Combined Sections Meeting American Physical Therapy Association (APTA). San Antonio, TX. 2022.

Grandeo JE, Massey BJ, Favaro JM, Gagnon KL, Bliss RA, **Young JL**. Are entry-level graduate physical therapy students accurate and confident in referral for diagnostic imaging? [poster presentation]. Combined Sections Meeting American Physical Therapy Association (APTA). San Antonio, TX. 2022.

Foster KS, **Young JL**, Greenlee T, Rhon DI. How common are adjacent joint disorders after sustaining an ankle sprain? [platform presentation]. Combined Sections Meeting American Physical Therapy Association (APTA). San Antonio, TX. 2022.

Hughey LT, MacPherson KL, **Young JL**. How thorough is the reporting of resistance exercise in trials for chronic low back pain? [poster presentation]. Combined Sections Meeting American Physical Therapy Association (APTA). San Antonio, TX. 2022.

Neilson BD, Dickerson C, **Young JL**, Rhon DI. Measures of sleep are not routinely captured in clinical trials for chronic low back pain. [platform presentation]. Combined Sections Meeting American Physical Therapy Association (APTA). San Antonio, TX. 2022.

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PEER REVIEWED PROFESSIONAL PRESENTATIONS CONTINUED

McDevitt AW, **Young JL**, Cleland JA, Hiefield P, Calderon L, Snodgrass S. Physical therapy management of individuals with proximal biceps tendinopathy: a scoping review. [platform presentation]. Combined Sections Meeting American Physical Therapy Association (APTA). San Antonio, TX. 2022.

Pascoe SC, Spoonemore SL, **Young JL**, Rhon DI. Examining the variability of usual care definitions in clinical trials for low back pain: a systematic review. [poster presentation]. Combined Sections Meeting American Physical Therapy Association (APTA). San Antonio, TX. 2022.

Vraa ML, Pascoe SC, Maddox D, **Young JL**, Rhon DI. Low back pain-related disability in working-age adults not seeking care for low back pain. [poster presentation]. Combined Sections Meeting American Physical Therapy Association (APTA). San Antonio, TX. 2022.

Myers C, Vraa M, Rhon D, **Young J**. Long-term opioid utilization after lumbar fusion? A systematic review [poster presentation]. Annual Meeting American Academy of Orthopaedic Manual Physical Therapists (AAOMPT). Cleveland, OH. 2021.

Signorino, Thompson G, Hando B, **Young J**. Identifying conservative interventions for individuals with subacromial pain syndrome prior to undergoing a subacromial decompression: a scoping review [platform presentation]. Annual Meeting American Academy of Orthopaedic Manual Physical Therapists (AAOMPT). Cleveland, OH. 2021.

Maddox D, Subialka J, **Young J**, Rhon D. Incomplete reporting of manual therapy interventions and a lack of clinician and setting diversity in clinical trials for neck pain limits replication and real-world translation. A systematic review [platform presentation]. Annual Meeting American Academy of Orthopaedic Manual Physical Therapists (AAOMPT). Cleveland, OH. 2021.

Young JL, Snodgrass SJ, Cleland JA, Rhon DI. The influence of knee radiographs on the utilization and timing of exercise and physical therapy in patients with patellofemoral pain [platform presentation]. World Physiotherapy Congress 2021. Virtual conference. 2021.

Young JL, Snodgrass SJ, Cleland JA, Rhon DI. Utilization of knee radiographs and the influence on rehabilitation for patellofemoral pain [platform presentation]. Combined Sections Meeting American Physical Therapy Association (APTA). Virtual conference. 2021.

Bourassa M, **Young JL**, Geiser MB, Wassinger C. So you're interested in academia? A roadmap to prepare OMPT's in their transition [educational session]. Annual Meeting American Academy of Orthopaedic Manual Physical Therapists (AAOMPT). Virtual conference. 2020.

Rhon DI, **Young JL**, Garcia AN, Snodgrass SJ, Cleland JA, Westrick RB, Cook CE. Management of patellofemoral knee pain disorders across the entire Military Health System: a review of care delivery and its influence on 2-year outcomes [plenary session]. Military Health System Research Symposium. Kissimmee, FL. 2020. (conference cancelled due to COVID-19)

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PEER REVIEWED PROFESSIONAL PRESENTATIONS CONTINUED

Young JL, Snodgrass SJ, Cleland JA, Rhon DI. Does supervised exercise therapy make the cut as a common treatment for patellofemoral pain? [poster presentation]. Combined Sections Meeting American Physical Therapy Association (APTA). Denver, CO. 2020.

Young JL, McDevitt A, Mintken P, Karas S, Emerson A. Improving your ‘A’ game: turning ‘abstract’ ideas into presentable products [educational session]. Annual Meeting American Academy of Orthopaedic Manual Physical Therapists (AAOMPT). Orlando, FL. 2019.

Young JL, McDevitt A, Vraa D. Mastering your mentoring fundamentals [educational session]. Annual Meeting American Academy of Orthopaedic Manual Physical Therapists (AAOMPT). Orlando, FL. 2019.

Rainey N, **Young JL**. The effectiveness of dry needling in reducing ankle swelling: a case series [poster presentation]. Annual Meeting American Academy of Orthopaedic Manual Physical Therapists (AAOMPT). Orlando, FL. 2019.

Young JL, Wright A, Rhon D. Conservative management prior to hip arthroscopy for femoroacetabular impingement syndrome: the role of physical therapy [platform presentation]. World Confederation for Physical Therapy Congress. Geneva, Switzerland. 2019.

Young JL, Wright A, Rhon D. Defining conservative care prior to hip arthroscopy for femoroacetabular impingement syndrome: the role of physical therapy [poster presentation]. Combined Sections Meeting American Physical Therapy Association (APTA). Washington, DC. 2019.

Young J, Rhon D, Cleland J, Snodgrass SJ. Do specific dosing variables impact the effect of exercise therapy for knee disorders? [platform presentation]. Combined Sections Meeting American Physical Therapy Association (APTA). New Orleans, LA. 2018.

Dubrow K, Karas S, **Young J**. Poster, Presentation, Paranoia! How to start and finish and present research. A Primer [educational session]. Annual Meeting American Academy of Orthopaedic Manual Physical Therapists (AAOMPT). Salt Lake City, UT. 2017.

Young JL. The effect of eccentric exercise on pain and function for patients with patellar tendinopathy: a systematic review [poster presentation]. NEXT Conference (APTA). Boston, MA. 2017.

Young JL, Saylor J. Muscle energy techniques for patients with low back pain meeting criteria for the lumbar spinal manipulation clinical prediction rule [platform presentation]. Annual Meeting American Academy of Orthopaedic Manual Physical Therapists (AAOMPT). San Antonio, TX. 2014.

Young JL, Saylor J, Buck MB. The use of muscle energy techniques in those meeting criteria for the spinal manipulation clinical prediction rule [poster presentation]. Combined Sections Meeting American Physical Therapy Association (APTA). Las Vegas, NV. 2014.

Young JL, Buck MB. Short-term outcomes in patients with neck pain treated with prone thoracic manipulation techniques: a case series [platform presentation]. Annual Meeting American Academy of Orthopaedic Manual Physical Therapists (AAOMPT). Cincinnati, OH. 2013.

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NON PEER REVIEWED PROFESSIONAL PRESENTATIONS

Young JL. Neck pain with movement coordination impairments: physical therapy examination and interventions. Fall Conference Arizona Physical Therapy Association (AzPTA). Mesa, AZ. 2016.

GRANT ACTIVITY

Physical Therapy Utilization, Dosing, and Timing of Manual Therapy Intervention in Patients with Knee Osteoarthritis. 2017 Dennis Driver Memorial Award, American Academy of Orthopaedic Manual Physical Therapists. \$4000. Principal Investigator.

UNIVERSITY AND PROFESSIONAL SERVICE

National

Scientific Subcommittee Member
IFOMPT 2024 Bid Committee

March 2018-October 2020

President
Academic and Clinical Faculty Special Interest Group
American Academy of Orthopaedic Manual Physical Therapists

June 2018-October 2020

Vice President
Academic and Clinical Faculty Special Interest Group
American Academy of Orthopaedic Manual Physical Therapists

October 2016-June 2018

External Assessor Committee Member
American Academy of Orthopaedic Manual Physical Therapists

October 2015-October 2017

University

DSc in Physical Therapy Committee Member
Bellin College

March 2019-Present

Physical Therapy Faculty Search Committee Chair
AT Still University

July 2018-December 2018

Physical Therapy Faculty Search Committee Member
AT Still University

August 2017-April 2018

New Hire Faculty/Staff Orientation Task Force Member
AT Still University

January 2018- March 2019

Assembly Affairs Committee Chair
AT Still University

April 2017- March 2019

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UNIVERSITY AND PROFESSIONAL SERVICE CONTINUED

Assembly Affairs Committee Member AT Still University	<i>October 2016- March 2019</i>
Physical Therapy Admissions Committee Member AT Still University	<i>September 2016- March 2019</i>
Physical Therapy Assessment Committee Member Franklin Pierce University	<i>December 2014-August 2015</i>
eLearning Project Committee Member Franklin Pierce University	<i>December 2014-April 2015</i>
Physical Therapy Admissions Committee Chair Franklin Pierce University	<i>November 2014-August 2015</i>
IRB Committee Member Franklin Pierce University	<i>November 2014-August 2015</i> <i>January 2009-January 2013</i>
CGPS Dean Search Committee Member Franklin Pierce University	<i>November 2012-January 2013</i> <i>January 2009-February 2010</i>
Physical Therapy Faculty Search Committee Chair Franklin Pierce University	<i>June 2012-January 2014</i>
Physical Therapy Graduate Assistant Search Committee Chair Franklin Pierce University	<i>April 2011-April 2013</i>
Physical Therapy Faculty Search Committee Member Franklin Pierce University	<i>June 2009-June 2012</i>
Physical Therapy Advisor to Student Representative Committee Franklin Pierce University	<i>June 2009-January 2012</i>
Physical Therapy Admissions Committee Member Franklin Pierce University	<i>October 2008-November 2014</i>

COMMUNITY SERVICE

Maricopa County Medical Reserve Corps Volunteer	<i>November 2021-Present</i>
Student Advisor for AAOMPT ASL at AT Still University	<i>May 2017-March 2019</i>
Brookline College PTA Program Advisory Board Member	<i>July 2011-July 2012</i>
Lead Volunteer for Walk to Cure Juvenile Diabetes	<i>October 2010</i>

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COMMUNITY SERVICE CONTINUED

First Aid Volunteer for IMS Marathon	<i>February 2009</i>
Goodyear in Action Program Member	<i>November 2008-November 2009</i>
Mentorship Program for Institute for Athletic Medicine	<i>October 2006-September 2008</i>

CONTINUING EDUCATION CONDUCTED/ORGANIZED

Cleland J, **Young J.** Examination and Treatment of Neck Pain with Radiating/Referred Symptoms. Hosted by Annual Orthopaedic Section Meeting. Atlanta, GA; May 2016.

Robertson E, **Young J.** Orthopaedic Specialist Certification Preparatory Course. Hosted by Medbridge (online). Seattle, WA: 2015-Present.

Young J. Evidence-Based Manipulation Techniques for the Spine and Extremities. Hosted by Los Gatos Orthopedic Sports Therapy. Los Gatos, CA; September 2014.

Young J, Buck M. Manipulations You Should Know! Evidence Based Manipulation Techniques of the Spine and Extremities. Hosted by FPU. Goodyear, AZ; November 2013.

CONTINUING EDUCATION ATTENDED (LAST FIVE YEARS)

- 2022 APTA Combined Sections Meeting—Virtual
- 2021 AAOMPT Annual Conference—Virtual
APTA Combined Sections Meeting—Virtual
World Physiotherapy Congress 2021—Virtual
- 2020 AAOMPT Annual Conference—Virtual
APTA Combined Sections Meeting—Denver, CO
- 2019 AAOMPT Annual Conference—Orlando, FL
APTA Combined Sections Meeting—Washington, DC
- 2018 AAOMPT Annual Conference—Reno, NV
APTA Combined Sections Meeting—New Orleans, LA
Align Conference—Denver, CO
- 2017 AAOMPT Annual Conference—Salt Lake City, UT